

Bike Marrickville **Chocolate & Fine Food Ride**, 18th September 2010



Welcome to the Chocolate Ride, one of many great rides from the Bike Marrickville ride calendar, using the *Active in Marrickville* map www.marrickville.nsw.gov.au/community/transport/cyclinginmarrickville.htm 9335 2222

Today's Ride

- 9:00 Start Petersham Station at Regent St, Fisher St, Frederick St, Maundrell Park, Bent St, Aubrey St, Cavendish St, back lanes to Phillip St.
- 9:20 **Alfalfa House** 113 Enmore Rd 9519 3374 Map: T6
A not-for-profit cooperative providing minimally packaged and minimally processed, affordable, wholesome, organic food, including organic and fair trade chocolate. www.alfalfahouse.org
- 9:30 Cross Enmore to Simmons, Sarah, Lynch, Juliett, Llewellyn, through Enmore Park (point out **Coffee Alchemy** & **Serendipity**), cross Enmore Rd to follow footpath to TIM.
- 9:40 **TIM Products** 407 Enmore Rd 9557 5877 Map: Q9
"TIM supplies many Greek businesses and cafes with kourambiedes, the little horseshoe shaped almond shortbreads, baklava, poura, almond rolls and galaktoboureko, the wonderful baked and syrup-dribbled custard slice. The quality's high and prices fit in with the factory door policy." www.timproducts.com.au
- 9:50 Edinburgh Rd past **Black Forest***, R Murray St, past **Thirst For Life***.
- 9:55 **Casa Del Gelato** 8/102 Edinburgh 9550 5982 Map: S11
Award winning gelato, ice-creams & desserts. www.casadel.com.au
- 10:05 Sydney Steel Rd, R Saywell, L Fitzroy, R Hans, L Faversham, past **Pastabilities***, R Sydenham (shared path), cross L to Meeks Rd (**Paesanella*** is just around the corner), Victoria, Myrtle, Carrington past **Kebia***, Cooks River path

Aims:

- 🚲 To enjoy riding and eating (one justifies the other); and
- 🚲 To promote local businesses & encourage local shopping by bike.

Additional Shopping Suggestions

- Dairy Bell Ice-Cream** 44 Australia St, Camperdown 9550 6544 T2
Raise 257A King St, Newtown 9557 3476 V5
Every type of bread you could want, but insufficient bike parking.
- Campos Coffee** 193 Missendon Rd, Newtown 9516 3361 W3
Large range of blends, roasted and blended on site.
- Serendipity Ice-Cream** 333 Enmore Rd, Enmore 9557 8986 R8
One hundred flavours of ice-cream, including alcoholic frozen cocktails.
- Coffee Alchemy** 24 Addison Road, Marrickville 9516 1997 Q8
Locally owned & operated artisan coffee roaster. Coffee-only cafe.
Open Tue-Sat 9am-2pm. www.coffealchemy.com.au
- Black Forest Smokehouse** 150 Edinburgh Rd (at Victoria) 9516 3210 Q9
Factory shop selling smallgoods.
- Thirst For Life** 4/102 Edinburgh Rd (Murray St) 9557 2888 S10
www.thirstforlife.com.au
Producer, importer and retailer of premium mineral waters and adult soft drinks. Gift packs. Order by email or phone, or call first to visit.
- Pastabilities** 2-4 Faversham St, Marrickville 9550 5955 P11
www.pastabilities.com.au
Over a dozen different kinds of flat pasta; a huge variety of delicious ravioli; gorgeous gnocchi; thick and thin pasta sheets for lasagne or hand-made ravioli and around a dozen different sauces to tempt and tantalise your palate. Only open on weekdays.
- Paesanella Cremeria** 27 Gerald St, Marrickville 9519 6181 N13
Award winning tastes and sights of Australia's very own Italian specialty fresh cheese manufacturer.
Open Sun-Mon 6am-1pm. www.paesanella.com.au

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- 10:45 **Adora Hand Made Chocolates** 10 Homer St, Earlwood 9559 5948 F17
The most delicious arrays of hand made chocolates and truffles. Adora also offers chocolate making classes.
Half hour coffee stop at Adora.
- 11:15 Cooks River path, Wardell Rd, Riverside Cres, L/R Ewart Lane, Wardell Rd, L Keith St, R Canonbury Grove, Marrickville Rd past **Gino's Deli***, R New Canterbury Rd, L Lewisham St.
- 11:45 **Eumundi Smokehouse** 402 New Canterbury 9569 0205 Map: F8
Handcrafted European continental sausages.
- 11:55 Lewisham St, The Boulevard, L Hunter St to rear lane entrance of...
- 12:05 **Georgiou's Confectionery** 147 New Canterbury Rd 9560 5312 Map: J5
The largest confectionary shop in Australia - 1000m² of local and imported chocolates and a massive selection of famous brand sweets. Ideal for special gifts. www.georgious.com.au
- 12:15 New Canterbury Rd, L Audley St.
- 12:25 **Finish.** Options to visit **Honeymoon Patisserie*** or the excellent Portuguese Deli nearby, stop for lunch at Gloria's Café or one of a number of Portuguese restaurants, or back to Petersham station.

Read a ride review, see photos and video at:

<http://simonfoodfavourites.blogspot.com/2010/04/massbug-chocolate-and-fine-food-ride.html>

Suggestions and comments welcome: email massbug@massbug.org.au

For more rides see the Bike Marrickville Rides Calendar

See www.massbug.org.au or email massbug@massbug.org.au or leave your address on our voicemail 9294 5900.

- Attiki Yoghurt** 21-25 Buckley St, Marrickville 9519 3415 P13
Buy direct from the factory, open during the week.
- Dolci D'oro Chocolates** 380 Princes Hwy, St Peters 9550 1707 S14
www.dolcioro.com.au
Logo mints, gifts, chocolates, truffles, fortune cookies, liquorice, gift hampers, wedding chocolates.
- Kebia Importex** 4 Carrington Rd, Marrickville 9558 8555 M14
Importing table oils and olive oils. The largest importer of table olives in the country, bringing in some 2,000 tonnes of oil in 2001. Choose from over 20 varieties of Greek and some Spanish olives.
- El-eyoon** 392 Illawarra Rd, Marrickville 9558 7257 K13
Nuts and coffee
- Gino & Mary's Deli** 560 Marrickville Rd, Dulwich Hill 9560 7546 F8
Great selection of cheeses and culturally diverse foodstuffs.
- Honeymoon Patisserie** 96 New Canterbury Rd, P'sham 9564 2389 K5
Portuguese café.



About Bike Marrickville

Bike Marrickville (formerly Marrickville-South Sydney Bicycle Group MASSBUG) is a local bicycle user group, established in 1991, affiliated with Bicycle NSW. We work with Marrickville Council and state government bodies (e.g. RTA & Area Health Services) for the improvement of cycling infrastructure, urban amenity, community health and safety. We also provide information, advice and rides for members of the local community and schools.

Our vision is for a safe, healthy, vibrant community whose planning and infrastructure provide for greater share of transport by walking and cycling, in order that the personal, community & environmental benefits of more sustainable transport can be realised. We also regard public transport services as essential.