

BIKE SAFETY INSPECTION FORM

Owners Name:

Frame

- All frame tubes in line, no kinks, cracks, twists.
 OK FIX
- No play in the forks at the head set.
 OK FIX
- Handlebars turn smoothly.
 OK FIX
- Handlebars in line with front wheel, stem is tight.
 OK FIX

Wheels

- Spin freely with no large buckles.
 OK FIX
- Spokes tight, none broken or missing.
 OK FIX
- Rim not buckled, dented or kinked.
 OK FIX
- Hub bearings run smoothly, cones tight.
 OK FIX
- Tyres inflated and with good tread.
 OK FIX
- Wheel centred in forks, quick release lever tight.
 OK FIX

Brakes

- Rear and front brakes present.
 OK FIX
- Correct lever tension adjustment.
 OK FIX
- Cables tight, no frayed ends, oiled.
 OK FIX
- Brakes shoes in right position.
 OK FIX
- Brake shoes in good condition.
 OK FIX

Gears

- Chain changes from cog to cog, cleanly.
 OK FIX
- Chain doesn't shift off the end of cogs and rear derailleur doesn't shift into spokes.
 OK FIX
- Front derailleur moves chain smoothly from one chain ring to the other. Sprocket teeth not worn.
 OK FIX
- Chain tensioned, oiled, clean.
 OK FIX

Handle Bars

- Taped and bar ends are plugged.
 OK FIX
- Tightly fitted/no up or down movement.
 OK FIX

Pedals

- Fixed firmly to cranks.
 OK FIX
- Cages and clips correctly fitted (if applicable).
 OK FIX

Bottom Bracket

- Bottom bracket clean and greased so that axle spins smoothly without movement. Ensure cup and lock rings are tight.
 OK FIX
- Cranks are firmly fastened to axle.
 OK FIX

Seat

- Firmly fastened to seat post at correct height.
 OK FIX
- Seat in good condition and is level.
 OK FIX

Bike Size

- Bike set up correctly to accommodate rider. Includes seat height and pedalling position.
 OK FIX
- Rider can straddle bike frame with both feet flat on the ground.
 OK FIX

Reflector

- Fitted to wheels, pedals, front, and back of bike.
 OK FIX