

## BIKE SAFETY INSPECTION FORM

Owners Name:

### Frame

- All frame tubes in line, no kinks, cracks, twists.  
 OK  FIX
- No play in the forks at the head set.  
 OK  FIX
- Handlebars turn smoothly.  
 OK  FIX
- Handlebars in line with front wheel, stem is tight.  
 OK  FIX

### Wheels

- Spin freely with no large buckles.  
 OK  FIX
- Spokes tight, none broken or missing.  
 OK  FIX
- Rim not buckled, dented or kinked.  
 OK  FIX
- Hub bearings run smoothly, cones tight.  
 OK  FIX
- Tyres inflated and with good tread.  
 OK  FIX
- Wheel centred in forks, quick release lever tight.  
 OK  FIX

### Brakes

- Rear and front brakes present.  
 OK  FIX
- Correct lever tension adjustment.  
 OK  FIX
- Cables tight, no frayed ends, oiled.  
 OK  FIX
- Brakes shoes in right position.  
 OK  FIX
- Brake shoes in good condition.  
 OK  FIX

### Gears

- Chain changes from cog to cog, cleanly.  
 OK  FIX
- Chain doesn't shift off the end of cogs and rear derailleur doesn't shift into spokes.  
 OK  FIX
- Front derailleur moves chain smoothly from one chain ring to the other. Sprocket teeth not worn.  
 OK  FIX
- Chain tensioned, oiled, clean.  
 OK  FIX

### Handle Bars

- Taped and bar ends are plugged.  
 OK  FIX
- Tightly fitted/no up or down movement.  
 OK  FIX

### Pedals

- Fixed firmly to cranks.  
 OK  FIX
- Cages and clips correctly fitted (if applicable).  
 OK  FIX

### Bottom Bracket

- Bottom bracket clean and greased so that axle spins smoothly without movement. Ensure cup and lock rings are tight.  
 OK  FIX
- Cranks are firmly fastened to axle.  
 OK  FIX

### Seat

- Firmly fastened to seat post at correct height.  
 OK  FIX
- Seat in good condition and is level.  
 OK  FIX

### Bike Size

- Bike set up correctly to accommodate rider. Includes seat height and pedalling position.  
 OK  FIX
- Rider can straddle bike frame with both feet flat on the ground.  
 OK  FIX

### Reflector

- Fitted to wheels, pedals, front, and back of bike.  
 OK  FIX